**Labelled break:**

outerLoop:

for (int i = 0; i < 3; i++) {

for (int j = 0; j < 3; j++) {

if (i == 1 && j == 1) {

break outerLoop; // This exits the outer loop

}

}

}

Here, outerLoop is labelled loop

Using labeled break, we can break out of the whole loop